

Prayer Guide

Always be joyful. Never stop praying. -1 Thessalonians 5:16-17 (NLT)

In the beginning we were created to have fellowship with God but because of Adam's fall Jesus sacrificed Himself to make a relationship with God possible.

Jesus modeled a personal relationship with God through prayer that gave Him great strength.

Every person who has ever been effective in service for God has developed this habit. The only way to be a healthy Christian is to commune with God daily through prayer!

1. The purpose of daily prayer time

1. To Give devotion to God.

“(Hezekiah) was successful, because everything he did...he did in a spirit of complete devotion to His God.” – 2 Chronicles 31:21

2. To Get direction from God

“Show me the path where I should go, O Lord; point out the right road for me to walk. Lead me.....”- Psalm 25:4 (LB)

3. To Gain delight in God.

“Delight yourself in the Lord; and he will give you the desires of your heart.”- Psalm 37:4

2. How to begin a daily prayer time

1. Select a specific Time and Place

“Very early in the morning, while it was still dark, Jesus got up, left the house and went to a solitary place, where he prayed.” – Mark 1:35

2. Follow a simple Plan.

How to Spend Fifteen Minutes with God:

1. Read a verse. (4 mins)
2. Reflect on the verse. (4 mins)
3. Record what God desires of you. (3 mins).
4. Request from God. (4 mins)

“Let us not get tired of doing what is right, for after a while we will reap a harvest of blessing if we don't get discouraged and give up.” – Galatians 6:9 (LB)

3. Use the model Jesus gave us

I. OUR FATHER WHICH ARE IN HEAVEN, HALLOWED BE THY NAME

1. Picture Calvary and thank God you can call Him Father by virtue of the blood of Jesus.
4. Hallow the name of God, corresponding with the five benefits in the new covenant, and make your faith declarations:

Benefit	Name	Meaning
Sin	Jehovah Tsidkenu	Our righteousness
	Jehovah M'Kaddesh	Who sanctifies
Sickness	Jehovah Rapha	Our Healer
Security	Jehovah Nissi	Our banner of victory
	Jehovah Raah	My shepherd
Spirit	Jehovah Shalom	My peace
	Jehovah Shammah	Who is there
Success	Jehovah Jireh	Our provider

II. THY KINGDOM COME, THY WILL BE DONE (Binding and Loosing)

1. Nation, State, County and City
2. Church
 1. Pastors
 2. Group Leaders
 3. All believers in Life Fellowship
 4. Lost people in Life Fellowship
3. Your Family
4. Yourself

III. GIVE US THIS DAY OUR DAILY BREAD

1. Your requests to God
2. Asking God to prosper you

IV. FORGIVE US OUR DEBTS AS WE FORGIVE OUR DEBTORS

1. Ask God to forgive you
2. Forgive and release others
3. Set your will to forgive those who sin against you

V. LEAD US NOT INTO TEMPTATION BUT DELIVER US FROM EVIL

1. Put on the whole armor of God

1. Helmet of Salvation
2. Breastplate of Righteousness
3. Loins Gird about with Truth
4. Feet shod with the preparation of the Gospel of Peace
5. Shield of Faith
6. Sword of the Spirit which is the Word of God

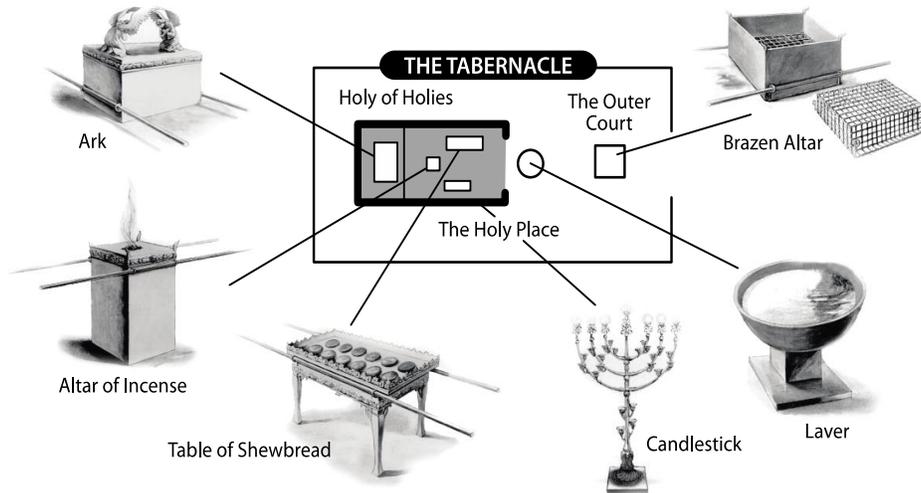
2. Pray a hedge of protection around you

FOR THINE IS THE KINGDOM, AND THE POWER, AND THE GLORY

1. Make your faith declarations
2. Return to praise and worship

TABERNACLE PRAYER

"If my people, which are called by My name, shall humble themselves, and pray, and seek My face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land." II Chronicles 7:14



The Outer Court

The Brazen Altar - The Cross

It Provided:

1. Salvation
2. Healing
3. Redemption from the curse
4. A new nature
5. Provision

Table of Shewbread - The Word

1. Asking for fresh revelation of the Word

Altar of Incense - Worship

1. Worship the Names of God

The Laver - Washing - Cleansing/preparing

1. Repentance from any known sin
2. Offering our body
3. Offering our mind
4. The fruit of the Spirit - Galatians 5:22-23

Holy of Holies

Mercy Seat (Ark) - Intercession

Pray for:

1. Those in authority - spiritual, civil, family, workplace
2. My Family
3. My Church - pastor, small group, members, and vision/mission
4. My City, Nation, and World
5. My Needs

The Holy Place

The Candlestick - The Holy Spirit

1. Isaiah 11:2 - The Seven Spirits of the Lord
 - a. Spirit of the Lord
 - b. Wisdom
 - c. Understanding
 - d. Counsel
 - e. Might
 - f. Knowledge
 - g. Fear of the Lord
2. The Gifts of the Spirit - 1 Corinthians 12:8-10

WARFARE PRAYERS

Is Your Yoke Broke?

(2 Cor 6:14-7:1, 10:3-5, Rom 12:1,2)

"Heavenly Father, I bow in worship and praise before you. I cover myself with the blood of the Lord Jesus Christ as my protection. I surrender myself completely and unreservedly in every area of my life to you. I take a stand against all the workings of Satan that would hinder me in my prayer life. I address myself only to the true and living God and refuse any involvement of Satan in my prayer. Satan, I command you in the name of the Lord Jesus Christ, to leave my presence with all your demons. I bring the blood of the Lord Jesus Christ between us. I resist all the endeavors of Satan and his wicked spirits to rob me of the will of God. I choose to be transformed by the renewing of my mind. I pull down every thought that exalts itself against the knowledge of Christ and loose into myself a sound mind, the mind of Christ."

General Confession and Prayer

(Rom 10:10, James 5:16, I John 1:7-9, 3:8)

"Lord Jesus Christ, I believe that you are the Son of God. That you are the Messiah come in the flesh to destroy the works of the devil. You died on the cross for my sins and rose again the third day from the dead. I now confess all my sins and repent. I ask you to forgive me and CLEANSE me now from all sin. Thank you for redeeming me, cleansing me, justifying me and sanctifying me in your blood."

Forgiveness Prayer

(Matt 6:14, 15, Lev 19:18)

"Lord, I have a confession to make. I have not loved, but have resented certain people and have unforgiveness in my heart. I call upon you, Lord, to help me forgive them. I do now forgive (name them, both living and dead). I ask you to forgive them also, Lord. I do now forgive and accept MYSELF in the name of Jesus Christ."

Occult Confession Prayer

(Deut 18:10-13, Gal 5:20)

"Lord, I now confess seeking from Satan the help that should come from God. I now confess as sin (name all occult sins) and also those sins I cannot remember. Lord, I now repent and renounce those sins, and ask you to forgive me. I rebuke Satan. I count all things of Satan as my enemies. In the name of Jesus Christ, I now close the door on all occult practices, and I command all such spirits to leave me in the name of Jesus Christ."

(Here is a very brief list of occult practices, channeling, astral projection, crystals, precognition or fortune telling, telepathy, clairvoyance, telekinesis, ouija board, tarot cards, good luck charms, seances, involvement with Edgar Cayce, Jean Dixon, Shirley McLain, communication with the dead or any spirit of a human being, dead or alive (this is really communication with

demons impersonating people) mind control, witchcraft, fourleaf clover, rabbit foot, wishbone, E.S.P., transcendental meditation, hypnosis, mind altering drugs, yoga, incense, dungeons and dragons, pendulum, palm reading, automatic handwriting, horoscopes, signs of zodiac, voodoo, magic, levitation, water witching, tealeaf reading, secret organizations like Freemasons, the worship of or praying to any other than the Father, Son and Holy Spirit.)

Pride

(Prov 11:2, 16:18. 26:12, I Tim 3:6)

"Father, I come to you in the name of the Lord Jesus Christ. I know pride is an abomination to you. I renounce anything that would cause me to have pride in my heart in dealing with other people. I renounce these and turn away from them. I humble myself before you and come to you as a little child." (Study Prov 6:16-19. Also, remember that fasting is a means by which a person humbles himself before the Lord).

Unbelief and Doubt

(John 16 8,9, Romans 11 20, 21, Heb 3:7-19)

"Father, I renounce unbelief and doubt as sin, and ask you to forgive me from these. I ask you, Father, to replace them with great confidence in your Word and great faith and trust in you."

Negative Spiritual and Emotional Ties

(I Sam 18:1, I Cor 6:15, 16)

"Father, I break and renounce evil spiritual and emotional ties that I have had or may have and with (lodges, adulterers, close friends, husbands, wives, engagements, cults, and binding agreements between buddies). I renounce these evil ties. I break them, and wash them away with the shed blood of the Lord Jesus Christ."

Generational Bondage Prayer

(Ex 20:4-6, 34:7, Num 14:18)

"In the name of the Lord Jesus Christ, I now renounce, break and loose myself from all psychic powers, bondages, or bonds of physical or mental illness upon me, my family or family line as the result of parents or any other ancestors. I thank you, Lord, for setting me free."

Loosing of Curses, Spells, Etc. Prayer

(Num 14:18, James 3:9)

"In the name of Jesus Christ, I now rebuke, break and loose myself and my children from any and all evil curses, charms, vexes, hexes, spells, jinxes, psychic powers, bewitchment, witchcraft, and sorcery that have been put upon me or my family line from any persons or from any occult or psychic sources, and I cancel all connected and related spirits and command them

to leave me. I break the power of any negative word that has ever been spoken against me or anyone in my family. I thank you, Lord, for setting me free."

Loosing from Domination Prayer

(Deut 23:2, 18:10-12, Gal 5:20)

"In the name of Jesus Christ I now renounce, break and loose myself from all demonic subjection to my parents, grandparents, or any other human beings, living or dead, who have dominated me in any way. I thank you, Lord, for setting me free."

Come to Jesus Delivery Prayer

(Matt 18:18, Isa 11:2, I Cor 4:4, 6:19, 20, I John 4:1)

"In the name of the Lord Jesus Christ, I command Satan and all his demons to loose my mind. I ask you Father to send angels to cut and sever all fetters, bands, ties, and bonds, whether they be by word or deed. I now ask the Lord, to loose the Spirits of the Lord, listed in Isaiah 11:2, (the Spirit of the Lord, the Fear of the Lord, Counsel, Might, Wisdom, Knowledge, and Understanding) into me and my family.

I come to you, Jesus, as my deliverer. You know all my needs (name them). I now loose myself from every dark spirit, from every evil influence, from every satanic bondage, from every spirit in me that is not the spirit of God, and I command all such spirits to leave me now in the name of Jesus Christ. I confess that my body is the temple of the Holy Spirit, redeemed, cleansed, and sanctified by the blood of Jesus. Therefore, Satan has no place in me, no power over me, because of the blood of Jesus."

Restoring the Soul Prayer

(Ps 23:3, Heb 4:12)

"Father, I thank you that as I am being set free by your power and learning to stand firm against the power of the devil, that my soul is being restored and returned to its proper place within me. I rebuke the devil for trying to destroy my life, and I command all spirits that have attacked my soul to loose it and let it go. I set my mind, will and emotions one hundred percent toward the service of the Lord Jesus Christ."

Blood of Jesus Prayer

Through the blood of Jesus, I am redeemed out of the hand of the devil. Through the blood of Jesus, all my sins are forgiven. The blood of Jesus Christ, God's son, cleanses me continually from all sin. Through the blood of Jesus, I am justified, made holy, set apart unto God. My body is a temple for the Holy Spirit. I am redeemed, cleansed, sanctified, totally set free from the bondage of the devil by the blood of Jesus. Therefore, Satan has no part in me, no power over me, through the blood of Jesus. I renounce Satan. I loose myself from him and command him to leave me, in the name of the Lord Jesus Christ!"

“Praying on” The Armor of God with/over your Family:

Start off by praying, **Lord Jesus, we pray that you would help us be strong in the Lord and**

in Your mighty power!”

The Helmet of Salvation:

The Helmet of Salvation is a symbol of protection for our “minds and/or thoughts.” We want to think positive thoughts.

We don’t want to be afraid.

We want to have wisdom and the “mind of Christ!” And we want to recognize their salvation!

“We put on the helmet of salvation, and we pray that you would protect our mind and thoughts. That we have the mind of Christ. Help us to be positive and not afraid and to know Your wisdom and salvation.”

The Body Armor “Breastplate” of Righteousness

The Body Armor “Breastplate” of Righteousness is a symbol of protection for our “hearts and/or emotions.”

We want to guard our hearts.

We don’t want to carry hurts, anger or bitterness. We want our hearts filled with love and Jesus. We want to make the right choices.

“We put on the body armor of righteousness and we pray that You would protect our hearts and emotions. Fill our hearts with love and with Jesus. Protect us from every hurt, and help us to make right choice.”

The Belt of Truth

The “Belt of Truth” is a symbol of protection from the “power” of lies. We want to know and recognize truth.

We don’t want to believe lies.

We want to speak truth and not lies.

“We put on the Belt of Truth and we pray that You would protect us with the truth. Help us to always be truthful, because Jesus, You are the Truth.”

Gospel Shoes

“Feet fitted with the readiness that comes from the gospel of peace” is a poetic way of saying that “my feet are ready to go where Jesus leads me.”

We want to “walk” with Jesus.

We don’t want to walk into dangerous or risky situations. We want to be a blessing wherever we walk.

“We put on our Gospel shoes, and we pray for the leadership of the Holy Spirit and that wherever we walk today, we would know that we are walking with Jesus and bringing Good News everywhere we go.”

The Shield of Faith

“The Shield of Faith” is a strong symbol to remind us that there is no problem that we face that faith in Jesus cannot fix!”

We want to trust Jesus in any and every situation.

We don’t want to lose their faith to the attacks of the enemy. We want to have a strong, vibrant, and active faith.

“We take the Shield of Faith, and we pray that you would strengthen our faith. Help us to understand that we can trust you no matter what.”

The Sword of the Spirit

“The Sword of the Spirit” is a symbol of the power of the Word of God! When a believer knows how to properly handle the Word of God, they have everything they need to defeat every attack of the enemy!”

We want to learn the Word of God! We want to trust the Word of God! We want to love the Word of God! We want to live the Word of God!

“We take the Sword of the Spirit, and we pray that Your Word would be in our hearts and minds. We pray that You Word would be a light to guide our footsteps.”

Pray in the Spirit

“Prayer in the Spirit” is when you let the Holy Spirit help you pray. The Holy Spirit know what to pray, and how to pray, when we do not know what to pray.”

We want to pray.

We want to pray “in the Spirit.”

We want to have confidence in prayer.

We want to know that prayer is the way we win our battles!

“And we pray with the help of the Holy Spirit, and we thank You that You help us to pray, even when we don’t know what we should pray. So we stand in faith, fully dressed in the Armor of God, and ready to face today! In Jesus’ name we pray! Amen!

*Pray this prayer with your family Regularly.

*Visualize the Armor, head to toe.

*Practice praying out Loud.

How to Spend Time with God:

Ask God to prepare your heart for the day, and to hear from Him during this time.

Psalm 143:8

Read your Bible.

Psalm 119:18

Pray. (ACTS)

Adoration: Admire God. Tell Him Why!

1 Chronicles 29:11

Confession: Admit specific failures.

1 John 1:9

Thanksgiving: Acknowledge things He has done.

Ephesians 5:20

Supplication: Ask-Requests, needs, etc.

Matthew 7:7

Praying Through Your Week:

Monday- Ask God to lead you through your week, listening for His voice, following the leadership of the Holy Spirit, and watching for "God opportunities."

Tuesday- Pray for your family. Ask God to bless them, care for them, meet their needs (emotional, physical, financial, relational and spiritual), move in their hearts, lead them, watch over them with protection, and use them for His glory.

Wednesday- Pray for your community and country. Pray about local situations that affect your community. Pray about needs in other parts of the country. Pray for your nation and its leaders.

Thursday- Pray for your friends. Pray for their needs. Pray that God would bless them. Pray that God would do something great in their lives.

Friday- Pray for the lost. Pray that people in your community and around the world would come to know Jesus as their personal Savior! Pray that God would continue to call and send workers into His "harvest fields."

Saturday- Pray for your Church and your Pastors. Pray that your church would be everything that God wants it to be. Pray that God would supply all of the church's needs. Pray that your Pastors would be sensitive and obedient would have the strength and courage to fulfill their calling.

Sunday- Pray for God's kingdom around the world! Pray for missionaries, and persecuted Christians, and that Jesus would continue to build His church.



“After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly” (Acts 4:31, NIV).

SUNDAY

CONSISTENCY

Ask God to help us be faithful and steadfast in prayer.

MONDAY

COMPASSION

Pray for a heart of understanding that reaches out to those in need.

TUESDAY

SIGNS & WONDERS

Pray for miracles and healings that demonstrate God’s power to our unbelieving world.

WEDNESDAY

UNITED PRAYER

Along with a consistent prayer life, pray that believers will be unified in love as we seek God together.

THURSDAY

GLOBAL CONNECTION

Pray for fellow Christians around the world to stand firm even as they face persecution for their faith.

FRIDAY

**INTERCESSION &
EVANGELISM**

Pray for the Holy Spirit’s strength to persist in prayer and for boldness to share the gospel with those who need Christ.

SATURDAY

**PASSING REVIVAL to the
NEXT GENERATION**

Pray for the Holy Spirit to capture the hearts of our children and teens so that they will passionately pursue Jesus.
